

SENDING MEDICATIONS TO CAMP

Dear Parents, Guardians, Campers, and Volunteers,

In an effort to help safely manage medication needs at camp, I ask that you respectfully follow all the requirements regarding the sending of medication to camp. We appreciate your help in our efforts to comply with guidelines and to maintain a safe delivery of all camper medications.

ALL medication MUST be checked in to staff prior to camp departure. Please bring all medication in original containers inside a zip lock bag labeled with the camper's full name and date of birth.

Over the Counter Medication: This includes vitamins, supplements, herbals, essential oils, cough drops, creams, allergy medication, pain medication...

Medication must be in the ORIGINAL store bought container with dosing on the original label. The dosing and age requirement on label is our guide. DO NOT write on the label.

Your doctor can write a different dosing and we can follow that order. Otherwise the bottle dose MUST be used. Your child's age/dose must be within the label's direction for use. We cannot use a parent note for altered amounts. (For Essential Oils please tighten caps, place in baggie with written instructions)

Prescription Medication: Pills, liquids, powders, & creams that are swallowed or applied.

Medication must be in the ORIGINAL container with pharmacy label, which includes the child's name and dosing instructions. DO NOT write on the label.

If your child's dose is different from the written label you MUST get a Doctor's order for the correct dose. We cannot use a parent note to change a Doctor's order.

Prescription Medication: Injections – Insulin & epi pens **additional forms required.*

Please note that we do not administer growth hormone or allergy shots if camper needs either, they must have additional medical need form and a MD/NNP order noting camper has been trained and can self inject as well as original pharmacy label and any additional instructions required.

Medication must be in the ORIGINAL container (vial) with pharmacy label, which includes the child's name and dosing instructions. DO NOT write on the label.

**A required Allergy Action Plan must be filled out and signed by your Doctor for epinephrine injectors. Diabetics require a copy of their Diabetic Action Plan from the Endocrinologist. Campers without the proper forms filled out may not attend camp.*

Prescription Medication: Inhalers and nebulizers

Medication must be in ORIGINAL container with pharmacy label (on the box), which includes the child's name and dosing instructions. DO NOT write on the label.

If your child's dose is different from the written label, you MUST get a Doctor's order for the correct dose. We cannot take a parent note to change a Doctor's order.

- Inhalers and Epi pens will remain with the camper, but the box with a prescription label must be checked in to the nurse. Please contact your pharmacy to reprint the label if you can not find it.
- It is a good idea to bring any prescribed inhaler/epi pen to camp even if you do not normally have any need for them. Campers often find they need these medications, especially inhalers with the change in location and activity level at camp.
- Any camper 18 years or older MUST still turn in medication but can self administer and the camp nurse will not be documenting or following to ensure compliance of medication use while at camp.

Unacceptable forms of sending medications to camp:

- Baggies with loose pills (original container required)
- Sunday-Saturday containers with pills (original container required)
- Inhalers & epi pens without a label (pharmacy label required)
- Any prescription medications without the pharmacy labels* (pharmacy label required) *Your pharmacy can print you a label if you have misplaced one.

Thank you for making my job easier by complying with all health, safety and medication guidelines! If you have any questions, please do not hesitate to contact me!

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